

# Scottish Scout Thistle Award

**SCOUTS**

Complete 10 tasks with at least 3 from each section

## Outdoor & Adventure

- 1. Camp at a Scottish Campsite you have not done previously. You could consider one of the Scottish Scouts Adventure Centres.
- 2. Plan and participate in a Scottish themed camp or outdoor activity.
- 3. Visit a Scottish city and explore its history/ landmarks/ famous people.
- 4. Walk part of a Scottish walking route (West Highland way, Fife coastal path, Lowlands way etc).
- 5. Have a go at traditional Scottish sports such as shinty, curling, golf, and highland games.
- 6. Take part in an outdoor adventurous activity in your local area for example Canoeing, abseiling, climbing, mountain biking– find out about the impact this has on the environment (Leaders, make sure you have considered any permit requirements that are applicable).

## Skills

- 1. Hold an event to celebrate a Scottish day (Burns night or St Andrew's day) for invited guests.
- 2. Design and prepare a three course Scottish meal – this could be traditional, or you could put a more modern twist on things.
- 3. Learn about Scottish musicians from the past and present- Create and record a piece of Scottish music in a genre of your choice eg, instrumental, folk, rap, or rock.
- 4. Grow potatoes – this could be in a garden or in a container. Prepare a traditional Scottish dish using your tatties. Alternatively you could grow Oats and find out their significance to Scotland. Produce some porridge to taste.
- 5. View some Scottish art – visit a gallery or sculpture. Learn about the artist and their inspiration. Create a piece of art inspired by Scotland.
- 6. Find out about the history of your local area – how has the area changed over the last 100 year? Create a timeline display to show the changes. How do you think it might change over the next 50 years? You could include these changes on your time line too!

## World

- 1. Attend a Scout section event out with your own group, perhaps at District or National level.
- 2. Compare Scouting in Scotland with Scouting in another country. You could hold a joint video call meeting with Scouts from the country or you could invite a visitor to tell you about their International Scouting experiences.
- 3. Learn about and volunteer with a local charity; this could be foodbank or community group.
- 4. Visit a local nature reserve (or woodland/ river/beach) and find out about species indigenous to Scotland. Carry out a project to support the environment. This could be a litter pick, removing invasive species, planting trees or poster campaign.
- 5. Learn about a Scottish industry or product. Prepare a report about the impact of this industry/ product locally and worldwide.
- 6. Visit a National Trust for Scotland, Historic Scotland or site of National interest.

**Top Tips** - If you haven't finished your badges and challenges, you can carry on and complete them in your first term of the section you're progressing to. Please note that any of these badge requirements can be done in conjunction with the UK badge programme. Requirements can be adapted to suit each young person's abilities.

For support and guidance on the requirements please contact [hello@scouts.scot](mailto:hello@scouts.scot)

Signed

