

#DofEWithADifference



Calling all Explorers, Networkers and Leaders ...

Did you know that you can still work on your Duke of Edinburgh's Award during these times of staying at home?

'**DofE with a Difference**' enables participants to modify their chosen activities so they can still be completed while maintaining social distance. You can change activities more than once if necessary, but only with your Leader's approval. Anything you have already done in a section will still count, provided you obtain an Assessor's report, and you only need to complete your new activity for the remaining time.

There are numerous [different activities](#) that you could do to complete the physical, skills and volunteering sections.

For physical, you could complete the NHS couch to 5k or take part in online fitness classes e.g. circuit training, bootcamp or yoga. Equally getting out and about walking or cycling and recording these with an app would also count.

For skills, you could complete some of the tasks from the Great Indoors resources or complete an online course e.g. learning a new language or coding and programming. Other things include participating in the John Muir Award, learning new craft or diy skills, photography or music.



Volunteering is more challenging in these socially distant times but there are still plenty of options. You could help neighbours or other family members who are unable to leave their home delivering their shopping, delivering meals or walking their dog all while maintaining your own safety. The DofE have also suggested that you could mentor a younger sibling with their schoolwork. Other options include planning sessions that you could deliver to a younger section when we are allowed to have face to face meetings or participating in online volunteering projects e.g. Resolve It and Missing Maps Project.

If you started your award from summer 2019 onwards then you could be awarded with a special certificate to mark your achievement. "2020 DofE Certificates of Achievement will be granted to Bronze, Silver and Gold participants who started in summer 2019 or later, have completed their Physical, Skills and Volunteering sections (but not their Expedition section) and have had them approved by their Leader in eDofE by the end of the year."

Scouts Scotland would love to hear about your DofE Award especially the different challenges you have taken on to complete these sections in these extraordinary times. Please send in photos to hello@scouts.scot

When it is safe to do so, you can complete your Expedition (+ Gold Residential) and go on to gain your DofE Bronze, Silver or Gold Award.



Remember once you have completed your DofE Award you only have a few additional Scout challenges to complete, to gain the relevant Chief Scout's / Queen's Scout Award.

Good luck!

For leaders managing the DofE Award:

The assessor for these activities does not need to be an expert. They should have some knowledge about the subject and a desire to help the participant complete the section. They could be the Award Leader within the group. However, they cannot be a family member.

There is detailed #DofEWithADifference guidance on the [DofE website](#) .