

Beavers 101: A Summer of Fun Badge Requirements

Week 1 – Activities 1 – 20

In completing this week's list of activities, Beavers meet the following badge requirements:

Air Activities Stage 1; 1, 2, 5

Cook; 1

Communicator; 1, 2, 3

Creative; 3, 4

Disability Awareness; 3

Global Issues; 1

Health and Fitness; 1

International; 5

My Outdoors Challenge; 5

My Skills Challenge; 2, 5

My World Challenge; 3

Navigator Stage 1; 4

Personal Challenge; 1

Thistle Award at Home; 1.5, 3.4

1. Plan a menu for an overnight Beaver camp. How would you cook everything? Do you think what you've planned is healthy and part of a balanced diet?

Cook; 1. Find out what makes a balanced diet.

2. Build a tower taller than yourself.*

Creative; 3. Construct something.

3. Design a badge for completing all 101 activities. Send your finished design to

owen.forrest@scouts.scot

Communicator; 3. Learn how to send an email or text message.

Creative; 4. Use your imagination.

4. Imagine an aircraft that you would like to fly in and make a model/create a picture of it.

Air Activities Stage 1; 5. Tell others in your section about an aircraft (real or imagined) that you would like to fly in and why. You can do this through drawings or models.

Creative; 4. Use your imagination.

5. Find a way you could save water at home and tell the people you live with about it.

Global Issues; 1. Learn about how to save energy or recycle.

6. Do 20 star jumps in a row.

Beavers 101: A Summer of Fun Badge Requirements

Health and Fitness; 1. Take part in three agility activities.

7. Build an obstacle course for you and those you live with to try. Who can complete it the fastest?

Health and Fitness; 1. Take part in three agility activities.

8. Try some yoga poses/a yoga routine.

My Skills Challenge; 2. Take part in three activities on how to keep your body fit and healthy.

9. Make your bed every day for a whole week.

Personal Challenge; 1. Complete two personal challenges which you and your leader agree on.

My Skills Challenge; 5. Learn and use at least three of these skills; make your bed.

10. Learn to say 'Hello' and 'Goodbye' in a language other than your own.

International; 5. Learn how to say hello and goodbye in a language other than your own.

11. Learn your own phone number off by heart.

Communicator; 2. Learn your phone number.

12. Ask an adult you live with to show you their favourite childhood game and play it with them.

Thistle Award at Home; 1.5. Learn some traditional Scottish playground games and try them e.g. Hopscotch.

13. Complete the 'Neckie Flip Challenge' (Put your Beaver Neckie on your foot and toss it up over your head and onto your neck).

14. Make 3 different paper aeroplanes and see which flies the furthest.

Air Activities Stage 1; 1. Make an aircraft out of paper and see how well it flies.

15. Spend half an hour looking out of a window and record all of the birds and animals you see. (Draw pictures, write them down, take photographs, etc.)

My Outdoors Challenge; 5. Point out and name five different types of animal, insect, bird, or fish that you might find near where you live.

16. Find out about one type of aircraft and tell those you live with all about it.

Beavers 101: A Summer of Fun Badge Requirements

Air Activities Stage 1; 2. Find out about one kind of aircraft and tell others in your section about it.

17. Find out about some of the symbols you might see on a map and use them to make a map to guide someone from your house to your school.

Navigator Stage 1; 4. Draw a simple map of where you live, your meeting place, or another area local to you.

18. Learn and recite your Beaver Scout Promise, then learn it in sign language.

Disability Awareness; 3. Deaf Awareness; learn the Promise in British Sign Language.

19. Find out about a Scottish inventor and make a model of what they invented.

Thistle Award at Home; 3.4. Find out about some Scottish inventors and their inventions. Consider what life would be like without their inventions.

My World Challenge; 3. Take part in at least one activity that reflects England, Northern Ireland, Scotland, Wales, or your part of the UK.

20. Phone a friend or family member living somewhere else to find out what they've been doing at home.

Communicator; 1. Learn how to make a phone call.