

Module E, Activity 4

Match the Badge!

Below are a list of badges and requirements for the different sections:

Disability Awareness Activity Badge

Do one activity from each of the lists below.



1. Disability awareness – do one of these:
 - Explain what a disability is.
 - Find out about a Paralympian and their sport. Tell a story about their achievements.
 - Visit an activity centre or playground for people with disabilities.
 - Talk about how your meeting place could be made better so that everyone can take part.
 - Make a poster that tells others about a disability. Choose something that's not mentioned later, in numbers 2, 3 or 4
2. Physical disability awareness – do one of these:
 - Show how to safely push a wheelchair.
 - Talk about an aid that can help a disabled person. It could be a type of wheelchair, computer, grabber or rising chair.
 - Play a game where you can only sit down or use one hand. Goalball is one game you could try
3. Deaf awareness – do one of these:
 - Learn how to fingerspell your name.
 - Learn the Promise in British Sign Language.
 - Explain what hearing dogs for deaf people do. Why are they helpful?
 - Play a game without using sound

4. Sight awareness – do one of these:

- Talk about what guide dogs for blind people do
- Guide a blindfolded Beaver through a game or assault course.
- Play blind football or another blindfolded game

Gardener Activity Badge

How to earn your badge:

1. Find out what happens to trees in each of the four seasons.
2. Learn what tools you need to garden and how to use some of the tools safely.
3. Find out what plants need to grow.
4. Help to look after a garden or allotment for two months. Alternatively grow at least three different plants in pots and look after them for two months.
5. Keep a record of what you have done and the changes you see. You could draw pictures, write short sentences and take photographs.



Health and Fitness Activity Badge

How to earn your badge:

1. Take part in three agility activities (for example: an obstacle course, slalom relay, hula hooping, skipping, jumping over/around props, crab football, or egg and spoon race).
2. Learn about a variety of healthy foods and make a snack for yourself using some of these foods.
3. Monitor heartbeat before and after completing a range of different physical activities and understand the reasons for change.
4. Promote healthy eating and exercise to others. This could involve designing a poster, acting out a sketch, or creating something digitally.



Home Help Activity Badge

How to earn your badge:

1. Plan, cook and serve a simple one-course meal.
2. Wash up afterwards. Show how to clean a saucepan or other cooking utensils, cutlery and glasses. You could use a dishwasher for this step, including loading and unloading it.
3. Help sort out the washing. Load and unload the washing machine.
4. Iron at least two items. They could be things like pillowcases, t-shirts or trousers.
5. Sew on a button.
6. Help to clean and tidy a living room.
7. Clean at least two items in your home. They could be things like a basin or kitchen cupboard, silverware or brass.
8. Take sheets, pillow covers and the duvet cover off a bed and help to put clean ones on. Make your own bed for a week.



Pioneer Activity Badge

This is what you need to do to earn your badge:

1. Make your own rope, perhaps using a rope machine or working with a friend.
2. Tie a simple lashing.
3. Show how you would:
 - tie three different knots, such as a reef, figure of eight, sheet bend or bowline
 - make one hitch, such as a clove hitch, round turn and two half-hitches or a cow hitch.
4. Take part in a knot game.
5. Build an indoor pioneering project using simple knots and lashings.



Astronomer Activity Badge

How to earn your badge:

1. Make a model or draw a simple diagram of the solar system.
2. Explain the difference between a planet and a star.
3. Learn how to observe the sun safely. Find out and explain how the earth moves around the sun.
4. Observe the moon, using binoculars or a telescope if you can. Describe some of its features.
5. Identify three constellations.
6. Find out about two space-related subjects and present some information about them. You could find out about planets, the history of space exploration or space technology.



Orienteer Activity Badge

How to earn your badge:

1. Orientate a map using either terrain or a compass. Learn how to navigate while keeping the map set to the ground. 'Thumb' the map to log your changing position.
2. Complete three courses at orienteering events recognised by British Orienteering or another similar standard.
3. Show you know the safety procedures, basic first aid, appropriate clothing and equipment for countryside navigation.
4. Show that you know the Countryside Code.



Naturalist Activity Badge

How to earn your badge:

1. With appropriate permission, spend at least one day at one of these locations and investigate the wildlife and plants found there:
 - woodland or parkland
 - down land
 - moor land
 - seashore or sand dune
 - hedgerow
 - roadside verge
 - stream, river or canal
 - small pond
 - wetland or marshland.
2. Tell a knowledgeable adult what you discovered. Show them your field notes, sketches, photographs or maps.
3. Find out more about a plant, animal or particular wildlife from your chosen location.
4. Discuss what you found out, giving sources for information from places like museums, field guides or the internet.
5. Discuss how human activities or land management can affect wildlife.



Air Researcher Activity Badge

How to earn your badge:

1. Research one historical aspect of flight, and share what you find out with the Troop. You might like to find out about:
 - the development of aviation or flight over a period of time agreed with your leader
 - balloons or airships, from their first appearance to the present day
 - a type of aero engine, such as a jet or piston engines in general, or a specific engine like the Rolls Royce Merlin
 - the development of an aircraft type, like a Spitfire, Boeing 747, Harrier, Stealth Bomber, space shuttle or the Wessex helicopter. You could find out details about its history, role and achievements.
2. While you're doing your research, visit at least one place of interest that relates to your chosen subject. It could be a museum; an air displays or an aeronautics factory.
3. Present what you have found out. Your presentation should include a model that you have made based on your subject. You should also include diagrams and pictures wherever you can.

